

# MIDNIGHT EXPRESS

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Sunny 100  
Suburban Lodge  
Triangle Beverage  
TSYS  
United Cheerleading  
United Rentals  
USO  
West GA Eye Care Center  
WTVM

**Thanks Ya'll!**

For more information, contact:  
Scott Rasmeyer at (706) 366-4416

# MIDNIGHT EXPRESS

## How Funds are Used

The past 30 years, Country's has had the privilege of hosting the Midnight Express. While all the past years have been about running and having fun, the last 20 or so years have also been about raising much needed awareness and money for the visually impaired in our community.

Just a few of the ways your participation has positively affected the visually impaired have been through the donation of a ventilator that prevents blindness in premature babies, the purchase of multiple pieces of equipment for several grade schools that include a specialized copy machine, a total graphics solution package, a digital imaging system, and laptop computers equipped with Jaws software. And you've helped provide scholarships that allow visually impaired students to continue their education at the college level. You have also been able to support veterans through the Blinded Veterans Association.

Some funds from Midnight Express will help provide specialized equipment in the Neonatal Intensive Care Unit at The Medical Center that helps prevent blindness and ophthalmologic screening instruments to aid in the early detection of retinopathy that sometimes arise as a complication of premature birth.



Country's Barbecue  
3137 Mercury Drive  
Columbus, Georgia 31907

**5,000 Meter Road Race**



# MIDNIGHT EXPRESS

**Midnight**  
**Saturday, August 28, 2010**

**3137 Mercury Drive**  
**Columbus, Georgia**

# MIDNIGHT EXPRESS

## Saturday, August 28, 2010

### Live Music

Music begins at 7:00 p.m.  
in the Country's parking lot on Mercury Drive

Candle-illuminated course  
ChampionChip Timing  
Run LIVE with the Troops in Iraq via  
WTVM Satellite!

**Other Midnight Express Events:**  
Thursday, August 26, 5:00 p.m.-Golf/Maple Ridge  
9 holes Daylight and 9 holes Glow-in-the-dark

*New Location!* Friday, August 27, 7:00 p.m.  
South Commons  
Beep Ball/Soffball game

Sponsors (blindfolded) vs. Chicago Comets

Saturday, August 28, 5:00 p.m.-Poker Run  
Starts at Mercury Drive  
8:00 p.m.-Car Show presented by PTAP

**All runners receive:**  
Midnight Express T-Shirt  
Country's Barbecue Sandwich  
Country's Famous Iced Tea  
Frozen Treats, Popcorn, Fruit

### Fees

Early registration (through August 26, 2010) \$20  
Late registration (August 27 & 28, until 11:30 p.m.) \$25

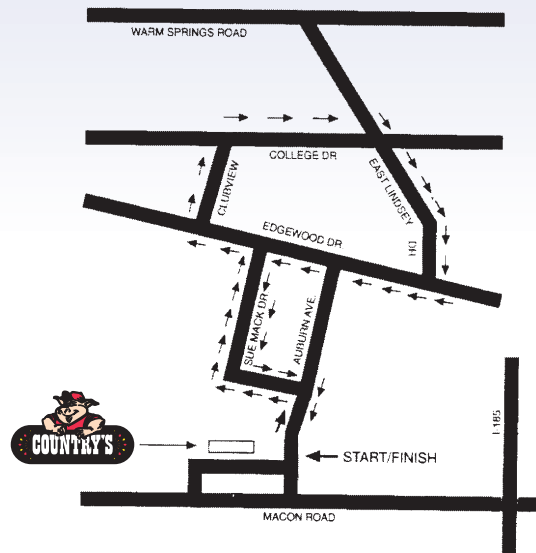
Must register prior to race  
Pre-registration packets will be available on  
Race Day from 6:00 p.m. until race time.

# MIDNIGHT EXPRESS

## Awards

Open Division: 1st, 2nd and 3rd for  
both male and female  
Age Group Awards: 1st, 2nd and 3rd  
Age: 5-9, 10-14, 15-19,  
20-24, 25-29, 30-34,  
35-39, 40-44, 45-49,  
50-54, 55-59, 60-64,  
65-69, 70+

Masters (40 and over): 1st female, 1st male  
Grand Masters (50+): 1st female, 1st male  
Wheelchair: 1st female, 1st male  
Visually Impaired: 1st, 2nd, 3rd



**Make checks payable to: Country's Barbecue**

Mail or bring registration to:  
Country's Barbecue  
3137 Mercury Drive  
Columbus, Georgia 31907  
You also can register online:  
[www.countrysbarbecue.com](http://www.countrysbarbecue.com)

Also, be sure to check out the pictures after the race  
on our website!

# MIDNIGHT EXPRESS

## Country's Barbecue Partners with Chattahoochee Valley Libraries

to install state-of-the-art sound proof recording  
studio with funds from Midnight Express Run

Funds from the Midnight Express Run will be used  
to purchase a state-of-the-art sound proof recording  
studio that will be used to record books, local  
periodicals and much more for the visually impaired  
in our community.

National Library Service (NLS) specifications have  
been closely observed by Eckel Industries, the  
company who is custom designing the sound booth.  
Once the booth is complete, special equipment and  
digital recording software designed for Network  
Libraries will be installed. Having such a recording  
booth in the library will allow persons who are blind  
or visually impaired to have access to local history  
books and other Georgia-specific materials which  
are now only available in print. Volunteers will be  
trained as Reviewers, Monitors and Narrators to  
work as part of "the recording team" under the  
guidance of library staff to produce audio books  
and other materials for the Columbus community.

The booth will be located on the first floor of the  
Columbus Public Library on Macon Road. A special  
dedication will take place in August before the 2010  
Midnight Express race.

We hope you will join us for the 30th running of the  
Midnight Express to help us with our goal to bring  
to Columbus a Technology Center that will be  
available to all the visually impaired folks in our  
region.



# MIDNIGHT EXPRESS

## Registration

Register online at [www.countrysbarbecue.com](http://www.countrysbarbecue.com)

Please print

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of birth \_\_\_\_\_ Sex \_\_\_\_\_

Age \_\_\_\_\_ Phone \_\_\_\_\_  
(On race day)

Email \_\_\_\_\_

Please circle if participating in one of the  
following divisions:

Wheelchair Visually impaired

Waiver:

In consideration of acceptance for this entry, I waive all  
claims for myself and my heirs against officials or  
sponsors of the Midnight Express for injury or illness  
which may directly or indirectly result from my  
participation. I further state that I am in proper physical  
condition to enter this event.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent or Guardian if under 18 (on race day)

OFFICE USE ONLY

Race Number \_\_\_\_\_